Cognivia™

Unique natural combination of Sage extracts for cognitive performance

- Innovative formulation with synergistic activity
- Enhancement of memory & cognition
- Efficacy from single dose to prolonged use
**Cognivia™**, innovative synergy for cognitive benefits

Cognivia™ is the first ingredient to combine Garden Sage leaf extract and Spanish Sage encapsulated essential oil for an enhanced efficacy.

Nexira’s recent in vivo study shows the beneficial synergistic effect on long-term memory, in both single dose and prolonged use. Cognivia™ demonstrated significant results compared to individual Sage sources.

Studies show that these two Sage species act by inhibiting acetylcholinesterase and therefore increase duration and action of acetylcholine neurotransmitter. Following the positive results demonstrated in our in vivo study, Nexira is working on additional scientific evidence.

- **Pending claims**
  - « Helps maintaining optimal mental well-being, e.g. maintaining concentration, attention and memory » + « Helps to maintain memory with age decline and to preserve cognitive function »

- **Recommended dosage**: from 400 mg to 600 mg** a day

- **Water-dispersible powder** suitable for a wide range of applications