

# Slendesta® Potato Extract

Slendesta provides a safe and natural profile, clinically demonstrated benefits and formulation flexibility to help customers take full advantage of the growing demand for all-natural, safe products that give people more control over their hunger to help them successfully manage their weight.

## Features\*

### Safe and Natural

- Sourced from US-grown, non-GMO white potatoes
- Standardized to proteinase inhibitor II (PI2) a protein naturally present in potatoes that helps to increase feelings of fullness sooner and longer
- Works by enhancing the body's natural release of cholecystikinin (CCK), considered to be the best-studied satiety factor in the body
- Stimulant-free and doesn't cause jitters, bloating or other side effects that are commonly associated with other weight management ingredients
- No adverse effects associated with Slendesta were reported in clinical studies conducted with this ingredient

### Proven Results

- Clinical studies conducted with Slendesta with over 500 participants, and evaluating effect on modulation of satiety and weight loss through a variety of widely accepted measurements, have reported Slendesta to be effective in helping people meet their weight management goals
- Increases CCK release
- Helps people control their hunger so they can successfully manage their weight
- Makes dieting easier by helping people feel fuller sooner and longer
- Reduces food intake
- Helps people lose weight and reduce waist and hip measurements

### Friendly & Flexible

- Manufactured through a gentle water extraction process under current Good Manufacturing Practice (GMPs) Regulations for Dietary Supplements (21 CFR Part 111) in a NSF GMP-certified facility
- Standardized to guaranteed levels of PI2
- World-friendly regulatory status that provides customers the ability to quickly enter many countries worldwide
- GRAS status in the United States; non-Novel Food status in Europe and Canada
- No adverse effects on taste or texture
- Available in different formulations making it suitable for inclusion in different types of functional foods and food supplement formulations
- Small effective dose allowing its use as a stand-alone product or in a blend with other ingredients

\* This product is not intended to diagnose, treat, cure or prevent any disease.

## Other Advantages

- Patented Technology
- Preservative-free
- No allergen labeling requirement
- BSE/TSE-Free
- Kosher
- Halal

## Shelf Life & Delivery Forms

### Two years

- Slendesta WD Potato Extract 5% Powder (water-dispersible form)
- Slendesta SG Potato Extract 5% Powder (softgel applications)
- Slendesta Potato Extract 10% Powder

### Three years

- Slendesta Potato Extract 5% Powder

## Package Size

- 25 g sample
- 1 kg
- 25 kg

For more information visit [www.slendesta.com](http://www.slendesta.com)



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# FAQ

## Frequently Asked Questions



### Q: What is Slendesta® Potato Extract?

**A:** Slendesta Potato Extract is a safe, all-natural satiety ingredient that makes dieting easier by helping people feel full sooner and longer, supporting them in their effort to achieve their weight management goals. The active constituent in Slendesta, Proteinase Inhibitor II (PI2), is a naturally occurring, well-studied protein found in potatoes.

### Q: How does Slendesta naturally work with the body?

**A:** After taking Slendesta, PI2 works by enhancing the body's natural release of cholecystokinin (CCK), considered to be the best-studied satiety factor in the body. The CCK signaling process naturally occurs when food is eaten, whether or not Slendesta is taken. Slendesta enhances and extends this natural signal which helps people feel full sooner and longer.

### Q: Has Slendesta been tested in clinical trials?

**A:** Clinical studies conducted with Slendesta with over 500 participants, collectively, have reported Slendesta to be effective in helping people meet their weight management goals. These studies have evaluated satiety, weight loss, CCK release and modulation of food intake through a variety of widely accepted measurements\*.

### Q: What do people feel when they take Slendesta?

**A:** It's more about what they don't feel. By helping promote feelings of fullness, Slendesta helps people become satisfied sooner and for longer periods of time. Slendesta can help people successfully manage their weight because they don't feel as hungry, a common complaint of people trying to manage their weight and the #1 reason why diets fail.

### Q: Is Slendesta safe to take?

**A:** Slendesta Potato Extract is a natural ingredient sourced from US-grown, non-GMO white potatoes, which have been safely consumed for hundreds of years. Additionally, no adverse effects associated with the use of Slendesta were reported in the clinical trials conducted with this ingredient. Slendesta has been generally recognized as safe by a panel of qualified experts for a range of food and beverage applications.

### Q: Are there any side effects from taking Slendesta?

**A:** Slendesta is not a stimulant and does not cause jitters or bloating that can be common with other weight management ingredients.

### Q: In what countries can Slendesta be used?

**A:** Slendesta is registered or may otherwise be lawfully sold in many countries worldwide. For a complete list of countries where Slendesta is registered and sold, please contact Kemin.

### Q: In what types of finished products can Slendesta be used?

**A:** Slendesta is available for use in food supplement products as well as a wide range of traditional food and beverage products. It comes in a variety of forms to meet various formulation needs and has no adverse effects on taste or texture. Slendesta is GRAS in the United States and is considered a non-Novel Food in Europe and Canada.

### Q: What are the handling conditions for Slendesta?

**A:** Slendesta is a free-flowing powder that can be easily used in dietary supplements and in a number of foods and beverages. Slendesta should be stored at room temperature (16°C -27°C) in a dry and odor free environment. Depending on the product form, Slendesta has 2 to 3 years of shelf life.

### Q: What are the recommended directions for use of Slendesta?

**A:** According to the scientific evidence available a product containing 300mg Slendesta (supplying 15 mg of PI2) should be taken about one hour before the two largest meals of the day. It can also be taken throughout the day to reduce snack cravings. Slendesta is not a meal replacement and should be used with a diet and exercise program.

\*For a complete list and summaries of the clinical studies performed with Slendesta and PI2, please contact Kemin